

## **News Release**

For Immediate Release: March 7, 2019

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## K-PAL announces Kapa'a, Līhu'e, Waimea wrestling registration

The Kaua'i Police Activities League (K-PAL) is accepting registrations for its Līhu'e, Kapa'a, and Waimea wrestling programs.

The Kapa'a wrestling program is accepting registrations for youth kindergarten through twelfth grade. Practices are tentatively set for Mondays and Wednesdays at the K-PAL Youth Center in Kapa'a. On these days, high school youth grades nine through 12 will practice from 3 to 4:30 p.m., and youth kindergarten through eighth grade will practice from 4:30 to 6 p.m.

The Līhu'e wrestling program is accepting registrations for youth grades two through 12.

Līhu'e practices are tentatively set for Tuesdays and Thursdays at the Kaua'i High School

Cafeteria, from 4 to 6 p.m. Availability is limited to 30 participants.

The Waimea wrestling program is accepting registrations for youth kindergarten through twelfth grade. Waimea practices are tentatively set for Tuesdays and Thursdays, from 6:30 to 8:30 p.m. at the West Side Wrestling Club facility located at Waimea Baptist Church.

All practices are anticipated to begin in March, with the first tournament for K-PAL wrestling tentatively scheduled for April 12, 2019.

Registrations are being accepted online at <a href="www.kauaipal.org">www.kauaipal.org</a>, and space may be limited. The fee to register is \$25; however, exceptions may be granted for those with meal eligibility from the state Department of Education.



For more information on the K-PAL Kapa'a, Līhu'e, and Waimea wrestling programs, or to request an ASL interpreter, materials in an alternate format, or other auxiliary aid support, or an interpreter for a language other than English, please contact Sgt. Lance Okasaki at 241-1647 or kpal@kauai.gov.



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